



**Dian Ginsberg M.D.**

***F.A.C.O.G. Medical Director***

**Board Certified in Anti-Aging and Regenerative Medicine**

**Advanced Fellowship Metabolic Medical Institute**

**Advisory Board Member for Functional Medicine University**

Dr. Dian Ginsberg is Board Certified in Obstetrics and Gynecology, and Anti-Aging Medicine, and the Principal Investigator in two Institutional Review Board studies that administer blood plasma from young, sex-identified donors to treat aging and age-related conditions. With direct experience that spans successfully treating her sons' learning disabilities to septuagenarians with dementia, Dr. Ginsberg's current investigation's unprecedented Pace of Aging reductions continue to prove that regenerative-plasma treatments are simple, safe, and highly efficacious.

Full bio:

Dr. Dian Ginsberg completed her residency in Obstetrics and Gynecology at the Bowman-Gray School of Medicine in North Carolina before Houston's sunny climate brought her to Texas. After years of experience providing comprehensive obstetrics and gynecology treatments, Dr. Ginsberg developed a special interest in functional medicine that focuses on achieving healthy aging through the understanding of genetics and methylation, along with optimizing nutrition, gut-biome, hormone balance, and youth-factor replacement.

A black belt in Tae Kwan Do, and an accomplished marathon runner and an Ironman triathlete, Dr. Ginsberg continues to explore the latest medical advances in wellness for athletes along with anti-aging therapies for both men and women. Dr. Ginsberg has used her extensive experience to help men and women with hormone imbalance regain the vitality and fitness they thought was lost forever, including lecturing about bio-identical hormone replacement and telomeres (DNA caps) for the American Academy of Anti-Aging, and giving lectures at Functional Medicine University on the topic of PCOS, its natural reversal, and pathways to fertility.

In 2018, Dr. Ginsberg was the Principal Investigator in a successful, IRB-approved, groundbreaking placebo-controlled study that investigated infusing 2-liters of blood plasma from young, sex-identified donors, and the significant effects it has on helping symptoms of multiple sclerosis and Parkinson's disease.

Dr. Ginsberg is currently the Principal Investigator on a second IRB-approved study that is focusing on epigenetic Methylation and Genomic testing to identify biologic age shifts and genome changes after administering 2 or 3-liters of young Fresh Frozen Plasma (yFFP®), via plasma-exchange or infusion, into aged subjects within 30-days, for therapeutic uses across a wide spectrum of conditions.



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Young Plasma study: <https://www.youngplasmastudy.com>